

Pool Schedule Summer 2024

****THIS SUMMER SCHEDULE IS SUBJECT TO CHANGE ****

*****JUNE 17-21 & JUNE 24-28 REVISED HOURS DUE TO**

PRIVATE AFTERNOON RENTALS

PUBLIC SWIM TIME WILL BE 4:20-5:50PM/6:00-7:30PM***

MOUNT PLEASANT OUTDOOR POOL SCHEDULE JULY 1 - SEPTEMBER 2, 2024									
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
7:00AM	LANE SWIM 7:00-8:30AM	LANE SWIM 7:00-8:30AM	LANE SWIM 7:00-8:30AM	LANE SWIM 7:00-8:30AM	LANE SWIM 7:00-8:30AM				
7:30AM									
8:00AM	**	**	**	**	**			LANE SWIM 8:00-9:30AM	LANE SWIM 8:00-9:30AM
8:30AM									
9:00AM									
9:30AM									
10:00AM	SWIMMING LESSONS 8:00-1:00PM	SWIMMING LESSONS 8:00-1:00PM	SWIMMING LESSONS 8:00-1:00PM	SWIMMING LESSONS 8:00-1:00PM	SWIMMING LESSONS 8:00-1:00PM	PRIVATE RENTALS 9:45-12:45PM	PRIVATE RENTALS 9:45-12:45PM		
10:30AM									
11:00AM									
11:30AM									
12:00PM									
12:30PM									
1:00PM	PUBLIC SWIM 1:00-2:30PM	PUBLIC SWIM 1:00-2:30PM	PUBLIC SWIM 1:00-2:30PM	PUBLIC SWIM 1:00-2:30PM	PUBLIC SWIM 1:00-2:30PM	PUBLIC SWIM 1:00-2:30PM	PUBLIC SWIM 1:00-2:30PM		
1:30PM									
2:00PM									
2:30PM									
3:00PM	PUBLIC SWIM 2:40-4:10pm	PUBLIC SWIM 2:40-4:10pm	PUBLIC SWIM 2:40-4:10pm	PUBLIC SWIM 2:40-4:10pm	PUBLIC SWIM 2:40-4:10pm	PUBLIC SWIM 2:40-4:10pm	PUBLIC SWIM 2:40-4:10pm		
3:30PM									
4:00PM									
4:30PM									
5:00PM	PUBLIC SWIM 4:20-5:50pm	PUBLIC SWIM 4:20-5:50pm	PUBLIC SWIM 4:20-5:50pm	PUBLIC SWIM 4:20-5:50pm	PUBLIC SWIM 4:20-5:50pm	PUBLIC SWIM 4:20-5:50pm	PUBLIC SWIM 4:20-5:50pm		
5:30PM									
6:00PM									
6:30PM	PUBLIC SWIM 6:00-7:30PM	PUBLIC SWIM 6:00-7:30PM	PUBLIC SWIM 6:00-7:30PM	PUBLIC SWIM 6:00-7:30PM	PUBLIC SWIM 6:00-7:30PM	PUBLIC SWIM 6:00-7:30PM	PUBLIC SWIM 6:00-7:30PM		
7:00PM									
7:30PM									
8:00PM	ADULT LESSONS 7:45-8:45PM	ADULT LESSONS 7:45-8:45PM	ADULT LESSONS 7:45-8:45PM	ADULT LESSONS 7:45-8:45PM	ADULT LESSONS 7:45-8:45PM	ADULT LESSONS 7:45-8:45PM	ADULT LESSONS 7:45-8:45PM		
8:30PM									
9:00PM									
9:30PM									
10:00PM									

TIMES HAVE CHANGED FOR 2024. WEEKDAY LANE SWIM WILL HAVE SHARED SPACE WITH LESSONS FROM 8:00-8:30AM

Mount Pleasant Outdoor Pool



June 15th - September 2nd, 2024

2310-6th Street NW

(403) 221-4288

www.mppca.ca

www.calgaryoutdoorpools.ca

mpsupervisor@gmail.com

mpoplelessons@gmail.com

mpoprentals@gmail.com

Rentals

- * City of Calgary passes will not be accepted at any of the COSPA pools.
- * All children UNDER THE AGE OF SEVEN must be accompanied by an adult or responsible person. This person must be WITHIN ARMS REACH, IN THE WATER.
- * Mount Pleasant is wheelchair accessible, but there are limited changing facilities.
- * Swimmers who are not toilet trained or incontinent MUST wear two layers of protective cover. A Swim Diaper & Plastic or Rubber Pants (These can be purchased at the front desk).
- * Please note the following items are not permissible in the deep end of our pool:
 - Pool Noodles
 - Inflatable Water Wings and *Puddle Jumpers*
 - Inflatable pool toys
 - Boogie Boards or Kick-boards
 - Mermaid Tails (Restricted use dependant on capacity)
 - NO FULL FACE SNORKELS
- *LIFEJACKETS CAN BE WORN IN ALL AREAS AND RENTAL IS FREE*
- * All Public Swim, Lane Swim and Swimming Lessons should be booked online prior to arriving by visiting calgaryoutdoorpools.ca
- * We accept payment for admission by Credit, Debit or Cash.

For private rental inquiries please contact the rental coordinator Seeley at <mpoprentals@gmail.com> or call the pool at (403) 221-4288. Space is limited.

Available Rental Times:

Weekdays	(June 17-June 30)	1-4pm or 7:45-9:45pm
Weekdays	(July 1-Sept 2)	7:45-9:45pm
Weekends	(June 15-Sept 2)	9:45-12:45pm or 7:45-9:45pm

Number of Participants (in Facility)	Cost (per hour)
1-40	\$175.00
41-80	\$225.00
81-120	\$275.00
121-160	\$325.00
161-200	\$375.00

- *All private rentals will be supervised by the lifeguarding staff.
- *No DRUGS OR ALCOHOL ALLOWED. NO GLASS.
- *We can provide tables, lifejackets, BBQ, stereo and some pool toys.
- *Children under the age of 7 years must be supervised in the water, within arms reach by a responsible parent/guardian who is at least 16 years of age or older.
- *Rentals can be booked through email, a \$50.00 deposit will be required within 72 hours of arranging the booking. If a deposit has not been paid, the rental will be given to the next person who makes a request for that date.
- *Feel free to email, call or drop by the pool for more information. Rentals will be reserved through email in the order they are received starting March 1 of the current year.

Swimming Lesson Rates

*Swimming Lessons run through all holiday Mondays.

Classification		PRICES
Parent & Tot	(30min x 5)	\$55.00
Preschool 1-5	(30min x 5)	\$55.00
Swimmer 1	(30min x 5)	\$55.00
Swimmer 2	(45min x 5)	\$65.00
Swimmer 3-4	(45min x 5)	\$65.00
Swimmer 5-6	(60min x 5)	\$70.00
Swim Patrol	(70min x 5)	\$75.00
Drop-In Adult Lesson		\$15.00

Private Swimming Lessons

Private Swimming lessons are available throughout the lesson schedule during the week. These can be booked ONLINE.

You will need to register one of the swimmers for the semi-private option and contact us to add the second one manually.

Lesson	PRICES
30 min private lesson x 5 (1 week)	\$200.00 per swimmer
30 min semi-private lesson (1 week).	\$150.00 per swimmer

*For semi private lessons the cost is per person.

*To book Semi-Private Lessons you must sign up as a Private, then make arrangements to register the additional swimmer and make payment at the pool.

Swimming Lessons

Swimming lessons are available throughout the summer in 9 separate week long sessions running 8:30am-1pm each day.

Each level will be available during the weekly session (so long as the minimum number of swimmers is registered). Please feel free to call us, inquire at the front desk or send us an email at mpoplelessons@gmail.com

To Register Visit: www.calgaryoutdoorpools.ca

Registration must be done online prior to the start date.
Registration Opens : June 12th , 2023 for All Sessions

Session 1	June 24 to June 28	Mon-Fri
Session 2	July 1 to July 5	Mon-Fri
Session 3	July 8 to July 12	Mon-Fri
Session 4	July 15 to July 19	Mon-Fri
Session 5	July 22 to July 26	Mon-Fri
Session 6	July 29 to Aug 2	Mon-Fri
Session 7	Aug 5 to Aug 9	Mon-Fri
Session 8	Aug 12 to Aug 16	Mon-Fri
Session 9	Aug 19 to Aug 23	Mon-Fri

Swimming Lesson Party will take place on Monday August 26 from 10:30-12:30pm

ADULT SWIMMING LESSONS

Adult Intermediate/Stroke Improvement

Mondays 7:45-8:45pm Drop-In Weekly \$15.00

Adult Beginner

Mondays 8:45-9:45pm Drop-In Weekly \$15.00

Lesson registration will be open on May 14th, 2024

Please Register at

<https://app.amilia.com/store/en/mountpleasantoutdoorpool/shop/programs>

www.calgaryoutdoorpools.ca

Swimming Certifications

Mount Pleasant is pleased to offer Bronze Star, Medallion and Cross Certification courses this summer.
If you have any questions about these courses please contact us.
mpoplessons@gmail.com

PRE-REQUISITES:

12 Years of Age

Bronze Star July 8-12 Mon-Fri
(Runs daily 11am-1pm)

Bronze Star August 5-9 Mon-Fri
(Runs daily 11am-1pm)

PRE-REQUISITES:

Bronze Medallion: 13 Years of AGE and COMPLETED Bronze Star & CPR-C

Bronze Cross: 14 Years of AGE and COMPLETED Bronze Medallion & Intermediate First Aid/CPR-C/AED

Bronze Med/Cross July 15-19 or July 22-26 Mon-Fri
(Runs daily 8am -1pm)

Bronze Med/Cross Aug 12-16 or Aug19-23 Mon-Fri
(Runs daily 8am -1pm)

These courses are 5 hours long each day.
Half will be in classroom and half in the pool.
Candidates are encouraged to bring water and snacks. They will given breaks throughout the morning.

Intermediate First Aid & CPR

July 9-12 or Aug 6-9 Tues-Fri (Runs daily from 2:00-6:30pm)

Course Costs:

Bronze Star	\$150.00
Bronze Medallion (incl. book fee)	\$175.00
Bronze Cross	\$125.00
Bronze Medallion/Cross	\$275.00
Bronze Certification Book	\$50.00
Intermediate First Aid/CPR-C/AED	\$175.00

Swimming Lesson Schedule 2024

***Instructor 4 will not run Session 1**
***Certification courses will share pool space**

8:15 AM				
8:20 AM				
8:25 AM	Private Lesson		Private Lesson	Private Lesson
8:30 AM	8:15-8:45am		8:15-8:45am	8:15-8:45am
8:35 AM				
8:40 AM		Private Lesson		
8:45 AM		8:30-9:00am		
8:50 AM				
8:55 AM				
9:00 AM			Swimmer 2	Swimmer 3
9:05 AM	Swimmer 5/6		8:45-9:30am	8:45-9:30am
9:10 AM	8:45-9:45am	Preschool 3		
9:15 AM		9:00-9:30am		
9:20 AM				
9:25 AM				
9:30 AM				
9:35 AM		Swimmer 1	Private Lesson	Private Lesson
9:40 AM		9:30-10:00am	9:30-10:00am	9:30-10:00am
9:45 AM				
9:50 AM				
9:55 AM				
10:00 AM				
10:05 AM	Parent & Tot			
10:10 AM	9:55-10:25am			
10:15 AM				
10:20 AM				Preschool 1/2
10:25 AM		Swimmer 4		10:10-10:40
10:30 AM		10:10-10:55am		
10:35 AM	Preschool 2/3		Swim Patrol	
10:40 AM	10:25-10:55am		Rookie, Ranger, Star	
10:45 AM			10:10-11:10am	
10:50 AM				Preschool 4/5
10:55 AM				10:40-11:10am
11:00 AM				
11:05 AM				
11:10 AM				
11:15 AM				
11:20 AM	Swimmer 2	Swimmer 3		
11:25 AM	11:05-11:50am	11:05-11:50am		
11:30 AM			Swimmer 1	Private Lesson
11:35 AM			11:20-11:50am	11:20-11:50am
11:40 AM				
11:45 AM				
11:50 AM				
11:55 AM				
12:00 PM	Private Lesson	Private Lesson		
12:05 PM	11:50-12:20pm	11:50-12:20pm	Preschool 3	
12:10 PM			11:55-12:25pm	
12:15 PM				
12:20 PM				Swimmer 5/6
12:25 PM				11:55-12:55pm
12:30 PM				
12:35 PM	Preschool 4/5	Preschool 1/2	Private Lesson	
12:40 PM	12:25-12:55pm	12:25-12:55pm	12:25-12:55pm	
12:45 PM				
12:50 PM				
12:55 PM				