

MAY 2021

DELIVERED MONTHLY TO 4,000 HOUSEHOLDS

the MOUNT PLEASANT PULSE

THE OFFICIAL MOUNT PLEASANT COMMUNITY NEWSLETTER



COMMUNITY CLEAN-UP
MAY 9



Home Exterior Services

GUTTER CLEAN, FIX, & INSTALL
DOWNSPOUTS • FASCIA • SOFFIT
CLADDING • SIDING • ROOFING
HEAT CABLE INSTALLATION

Over 40,000 happy customers since 2003!
Calgary's Top Award Winner
Insured • Licensed • Guaranteed

403-714-0711
gutterdoctor.ca

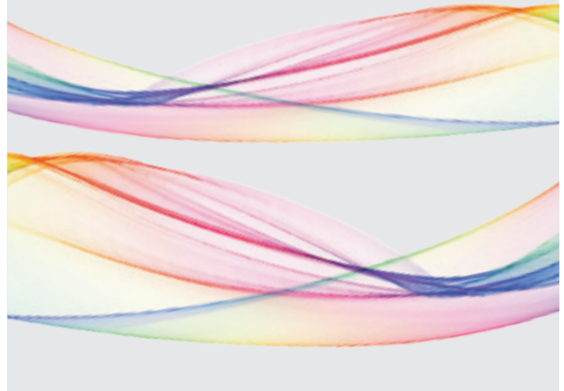


GREAT NEWS MEDIA

LEADERS IN COMMUNITY FOCUSED MARKETING

social media advertising | management
geofenced digital | video advertising
community magazine advertising
app | web | seo | ad words

info@greatnewsmedia.ca



SAVE A BUNCH OF CASH

Expert advice
Excellent rates
Many options
Better mortgages

AVENUE | Financial
Real Estate Solutions

ANITA 403-771-8771
anita@anitamortgage.ca

Licensed by Verico Avenue Financial Real Estate Solutions.

Disclaimer: The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of Great News Media and the Mount Pleasant Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Mount Pleasant Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.



May's Masterpiece

After 22 years of restoration work, Leonardo da Vinci's painting of The Last Supper was put on display once again. You have probably heard of this famous masterpiece, but did you know it is incredibly large. It is 15 feet tall and almost 29 feet wide!

LIVE THE DREAM ON THE HERITAGE POINTE GOLF COURSE SIGNATURE HOLE

TEXT 9217 TO 555000 FOR VIRTUAL TOUR & FULL LISTING



LEN T. WONG
& ASSOCIATES

G P G
GREATER PROPERTY GROUP

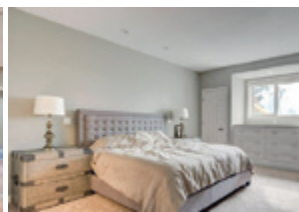
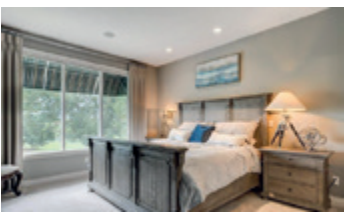
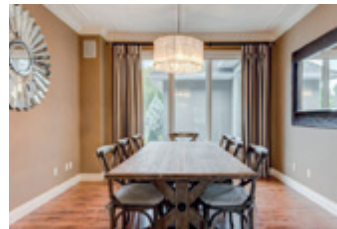


Executive custom-built & recently renovated bungalow with fully developed walk up basement backs onto Heritage Pointe Signature 9th Hole with views of the large pond. Total of 3 bdrms & 3 baths, formal dining/flex rm, gourmet maple kitchen with centre island, granite countertops & stainless-steel appliances, open to large eating area with built-in desk. Large great rm with 12-foot ceilings, fireplace & built-ins. Patio doors leading out from eating area to large south dura deck with metal railings & glass panels with beautiful landscaped south backyard with firepit. Large master bdrm with 5-pc spa like ensuite with large soaker tub, O/S shower & walk in closet. Staircase leading downstairs to large family rm with media centre, fireplace, 2 bdrms, 3-pc bath with steam shower, workout rm & playrm all with radiant in floor heat. Walk-up onto the patio from the family room. O/S triple attached garage. Pride of ownership shown throughout. Ideal for empty nester, professional or older family. Exceptional Value!

403-606-8888 | len@lentwong.com

calgaryhomesearch.com | calgaryluxuryhomesearch.com

Text 9217 to 555000 for virtual tour & full listing



MPCA Community Association

602 22 Ave NW Calgary T2M 1N7
 E-Mail info@mpca.ca Website www.mpca.ca
 Facebook <https://www.facebook.com/MountPleasantCommunity>
 Twitter <https://twitter.com/MountPleasantCA>

EXECUTIVE

President	Jessica Karpat	president@mpca.ca
Vice-President	Chris Best	vicepresident@mpca.ca
Secretary	Darren Rempel	secretary@mpca.ca
Treasurer	Tamara Flindell	treasurer@mpca.ca
Past President	Philip Carr	pastpresident@mpca.ca

DIRECTORS

Green Initiatives	Matthew Crist	green@mpca.ca
Hall	Murray Anderson	hall@mpca.ca
Engagement	Phillip Holcomb	engagement@mpca.ca
Planning & Development	Alison Timmins	planning@mpca.ca
Communications	Aleah Kane	communications@mpca.ca
Special Events	Natalia Gorobinski	specialevents@mpca.ca
Sportsplex	Roger Leach	sportsplex@mpca.ca
Swimming Pool	Jamie Reid	swimmingpool@mpca.ca

COORDINATORS

Hall Rentals	Nickie Brockhoff	hallrentals@mpca.ca
Pleasant Times	Linda O'Hanlon	pleasanttimes@mpca.ca
Dog Park	Mark Atkinson	dogpark@mpca.ca
Playgroup	Esther Cuneo	playgroup@mpca.ca
Grants	Johanna Plant Donnelly	grants@mpca.ca
Soccer	Kathryn McIntosh	soccer@mpca.ca

Business Membership in Good Standing

- Alpine Insurance and Financial
- Small Business Legal Centre
- Thorncliffe Family Dental
- Benjamin Moore Calgary North Decorating
- Amira J. Healing
- Stavros on 4th



MPCA Membership Form

Membership Year runs from date of purchase

Please complete and send with cheque payable to Mount Pleasant Community Association 602 22 Ave NW
 Calgary, Alberta, T2M 1N7 or Apply Online www.mpca.ca



Membership Type

Mount Pleasant Resident \$15/year/family _____ Senior, 65 and over \$5/year/family _____

New Resident or Life Members free _____ Non-Resident \$25/year/family _____

Life Members are community residents age 65 and over who have been a MPCA member for at least 10 years.
 New residence have lived in Mount Pleasant for less than 1 year. Please note date you moved into Mount Pleasant

Name _____

Address _____

Postal Code _____

E-Mail _____

Phone _____

Payment Attached: Cheque _____ Cash _____

I wish to subscribe to MPCA email list Yes _____ No _____

Number in Family Adults _____ Children _____

Reason for Purchase (Soccer, Community Garden, Skating, Playgroup, Special Events, Pool, Other)
 please specify: _____

MPCA does not share or sell your email address or information. We only email information pertinent to MPCA events and programs.

Brought to you by  

WE NEED HELP ON THE DAY
 FIRST SHIFT: 8:15AM TO 11:45AM
 SECOND SHIFT: 11:15AM TO 2:45PM
 CONTACT GREEN@MPCA.CA
 TO SIGN-UP TO HELP OUT!

COMMUNITY CLEAN-UP
2021

MAY 9TH
9 AM - 2 PM

SUNDAY
MAY 9TH

WHERE:
 SPORTSPLEX WEST PARKING LOT
 610 23 AVE NW

MASKS AND SOCIAL DISTANCING
ARE REQUIRED

Collecting food bank donations and refundable can donations for the MPCCA cargo bike program

The full list of items you can and cannot dispose is in our monthly newsletter and website www.mpcca.ca.




Book Club is continuing online, on the fourth Tuesday of each month. We hope to be back together again soon - of course, there will be procedures to follow to ensure we meet all COVID-19 requirements. For full information, please contact Brianna at burichan@live.com or 403-836-3626.

March's book club was special as Calgary author Ali Bryan joined online to discuss her book, *The Figgs*. It was a fantastic talk! Ali Bryan was an engaging and entertaining speaker, and hearing from her made the book even more enjoyable.

The May 25 book will be *Braiding Sweetgrass* by Robin Wall Kimmerer. Drawing on her life as an indigenous scientist, and as a woman, Kimmerer shows how other living beings—asters and goldenrod, strawberries and squash, salamanders, algae, and sweetgrass—offer us gifts and lessons, even if we've forgotten how to hear their voices. In reflections that range from the creation of Turtle Island to the forces that threaten its flourishing today, she circles toward a central argument: that the awakening of ecological consciousness requires the acknowledgment and celebration of our reciprocal relationship with the rest of the living world. For only when we can hear the languages of other beings will we be capable of understanding the generosity of the earth and learn to give our own gifts in return.

Our June 22 book will be *Mudlark* by Lara Maiklem.

Whist Anyone?

We're checking if there is interest in starting a few Whist tables during our games sessions once we're able to meet again. Whether you're a seasoned pro or someone who'd like to learn the game, please let Yvette know at yvette.v53@hotmail.com or 403-803-7697.

Whist is a classic English trick-taking card game. Although the rules are simple, there is an art, even a science, to playing it well. Join us to exercise your brain and enjoy some refreshments and conversation with old and new friends.

Once gatherings are possible again, we'll meet at 1:15 pm every Wednesday afternoon in the Upper Hall, 602 22 Ave. NW. If Whist isn't your cup of tea, there's always Scrabble, bridge, cribbage, or whatever game you'd like to suggest.

Give Momma a Ring

Special occasions always give good reasons to get in touch with those you love. When you can't be with them in person, a phone call is always a good option. Amazingly, more calls are made on Mother's Day than any other day of the year! So, give your mom a ring if you can, it's sure to put a smile on her face.



Nominate a Community Builder

Do you know someone who did a lot to make Mount Pleasant the vibrant community it is today? Let's recognize her or him now so we don't forget what others have done for us. It might even inspire us to do our bit to keep the spirit going! If you would like to nominate someone as a community builder, please contact Linda at lohanlon@telus.net or 403-289-8390.

Pulse Recruitment

The Mount Pleasant Community Association is a non-profit group run by volunteers – they are our backbone. We rely on residents of our community to come forward, offer assistance and take part in making Mount Pleasant one of the greatest places to live in Calgary.

The following volunteer positions have come up and we need our resident to come forward and help out!

Membership and Volunteer Director (One person - Board Position)

We are looking for someone who will help us find ways in which to recruit, orient, welcome and show appreciation to our volunteers. This role also manages memberships through our membership software and ensures business membership benefits are received by local businesses via coordination with the Communications Director. This role is a Board position and will require attendance at monthly meetings (Board breaks over the summer) and someone willing to take the initiative to move these items forward.

Casino Coordinator (One Person – Reports to the Board Treasurer)

This role works with a hired professional Casino Consultant to manage the paperwork to organize the Casino. The Casino Coordinator also supports any tasks required to coordinate the Casino, creates a volunteer sign up (normally we use a web-based service like VolunteerSignUp.org or similar) and works with the Communications Director to recruit volunteers. Our next Casino is anticipated in the Winter of 2022.

Communications Committee (Multiple – Reports to the Communications Director)

Website updates – update our WordPress website and blog with upcoming events, articles, and announcements.

Social Media liaison – keep up with social media comments, posts about community announcements, events, articles, and anything regarding planning that is happening within the neighbourhood. Post reminders and answer questions that people pose on social media and help manage our Facebook, Twitter, LinkedIn, and Instagram accounts.

Special Events Committee (Multiple – Reports to the Communications Director)

The Special Events Committee works with the Special Events Director to plan and organize various events within the community. Committee members will be expected to participate in event planning meetings and may assist in event organization and execution, with other community event volunteers.

Youth Coordinator (Multiple – Reports to the Special Events Director)

We are looking for an adult who is interested in starting a group that provides events or programs geared toward pre-teens and teens.

We are looking for youth to volunteer on this committee to work towards getting some fun things happening in our community that would interest them and their friends! Want to find a way to get the Mobile Skate Park to our community? A water balloon event? Late night movie nights at the pool? This is the committee where you can shape what type of events we have in the community.

Interested in doing something to make the community better and want to propose it? Just get in touch. We are always interested in new ideas that people from the community want to take on.



Seniors for Seniors

Pleasant Times Community Outreach

The pandemic has been a challenging time for many people. Restrictions on gatherings have limited our social interactions and led to isolation, especially for some seniors.

While we can't gather in person, we can show that we care. We will be distributing small care packages to local seniors who may be experiencing isolation. If you are a senior who is feeling isolated, or if you know a senior in Mount Pleasant who may benefit from a care package, let us know. Send the person's first name and street address to Nora at spencern@telus.net or call 403-230-1649 by June 15, 2021 and we'll send a package their way.

"Seniors for Seniors" Arts and Crafts

Pleasant Times is pleased to announce a new programming initiative called "Seniors for Seniors."

This program is a series of free arts and crafts classes. We will share skills, learn new techniques, and when possible, gather together and socialize while we create works of art. A professional instructor will teach some sessions and others will be led by Pleasant Times members. Some sessions will be a "bring-your-own" format, where participants can bring an existing project to work on, or even just visit with peers — no project required.

The pandemic has made organizing these sessions challenging, so we are attempting to be as flexible as possible. Depending on health regulations, sessions may be held outside, in the community hall, or live streamed to your house. Any in-person gatherings will have participant limits and will conform to health regulations in place at the time. Any outdoor classes will be weather dependent and subject to health regulations. If classes must be conducted virtually and special materials are required, they will be delivered to you in advance or made available for contactless pickup.

The exact curriculum is subject to change based on where we will be working, but may include knitting, crocheting, drawing, and painting in a variety of media, sculpting, and more. Participants are also welcome to suggest activities. No previous artistic experience is necessary.

Classes will run on Wednesday afternoons from mid-May until February 2022, with pauses during the summer and at Christmas. If participants wish and volunteer facilitators are available, sessions can continue beyond this date.

If you are interested in this programming, please contact Nora at spencern@telus.net (403-230-1649). We will add you to a potential participant list and send out information on upcoming sessions. You will then have the option to register for sessions. Registration is required so we can ensure adequate supplies and limit participant numbers

to conform to health regulations. Registration will be limited to one or two classes in advance so that we can accommodate changing health regulations. If you register and are unable to attend a class, please let us know so another participant has the opportunity to attend. It is our hope that we will be able to host larger, drop-in sessions when health restrictions are eased.

If you would like to volunteer to teach or facilitate a class or have activity ideas, please contact Nora at spencern@telus.net or call 403-230-1649 today!

Board Report

In the March edition of the Pulse, we reported on a proposed development in the 2400 block of 5th Street NW. There was considerable community attention drawn to this project and MPCA received a significant number of emails and some phone calls about it. Fresh Start Recovery ultimately decided to withdraw its participation in the development, but the Development Permit (DP) application is still open and active. The current zoning for this site permits an apartment building. Our Planning and Development Committee will continue to monitor this and other proposed developments in Mount Pleasant.

We stay informed about the health restrictions due to COVID-19. As noted last month, we reopened the Sportsplex for some youth activities. This generated approximately \$50,000.00 in much-needed revenue. We have also been able to reopen the Hall to three groups (in addition to PHAS), and this brings in some funds.

The Annual General Meeting of COSPA (Calgary Outdoor Swimming Pools Association) took place over Zoom on March 24, 2021. If health regulations allow the pools to open this summer, COSPA expects all outdoor pools (except South Calgary, which is under construction) to open in 2021. We are optimistic that we will be able to offer swimming lessons as well as pre-booked swimming slots for all. COSPA has an on-line tool which allows you to book at any COSPA pool. You do not need to live in a community in order to use its pool. In addition to our pool, there is one in the Highwood community which is in close proximity to Mount Pleasant.

The Hall Redevelopment Committee continues to meet monthly and is proceeding with a feasibility study to assist us in assessing the value and best configuration for a new hall. We look forward to sharing this study and future direction with the community in the fall.

Philip E. Carr, Past President

MPCA

Cell: 403-467-0351

GREEN INITIATIVES COMMITTEE

Grab your gardening gloves and trowel, it's time to dig into the upcoming gardening season. There is so much benefit from having your own garden whether it be in your own backyard or through a community plot. Not only is it a fun and relaxing pastime – growing your own food or even just planting flowers is a great way to live green!

Some sustainable gardening tips to keep in mind include using compost, collecting water in rain barrels, using recycled gardening supplies and planting for the bees by planting flowers that produce plenty of nectar and pollen.

On the note of composting, to help out with gardening the City of Calgary will be offering compost from May 10 to June 26. The compost is available to pick up by appointment and is complimentary. More details can be found here <https://www.calgary.ca/uep/wrs/recycling-information/residential-services/green-cart/green-cart-compost-giveaway.html>.

We can expect to see lots of gardening happening in the community. Especially since The Mount Pleasant Community Garden is full again this year. Here's to another wonderful growing season!

Keep a look out on our Facebook page for more details on sustainable gardening tips and tricks to be shared during the month of May.

Also happening this month is an important event in the community. On Sunday May 9 from 9:00 am to 2:00 pm at the Sportsplex West Parking Lot (610 23rd Ave NW), the annual community clean-up will be a go! COVID safety measures such as mask wearing, distancing and sanitizer on site will be in place. This is a great opportunity to get all those spring-cleaning items cleaned up and off to be donated or recycled.

Acceptable Items Include:

- Organics
- Items for Donation
- Electronics
- Mattress Recycling
- Metal Recycling
- CFL bulbs for recycling
- Car Seat recycling
- Garbage

Unacceptable Items Include: Hazardous Waste, large appliances, commercial waste.

This year we will also be collection food bank donations and refundable can donations for the MPCA cargo bike program! More details on this new program to be announced later so stay tuned!

If you want to get involved and be a part of making Mount Pleasant a greener community, we would love to have you join the committee. Please email green@mpca.ca for more information or if you have any questions. As well please check out our Mount Pleasant Green Initiative Group on Facebook! You can find us on the Mount Pleasant Community Association page.

Happy Gardening,

The MPCA Green Initiatives Committee

ACTIVITIES AND EVENTS

MAY 2021

.....

Hall is closed due to COVID-19 Restrictions please check our website for up-to-date information on our programs based on current health restrictions.

Community Clean-Up

May 9

Parking lot of the Sportsplex

Book Club

Fourth Tuesday of each month (Online)

May 25 book will be *Braiding Sweetgrass* by Robin Wall Kimmerer

Zoom Exercise Class

Monday, Wednesday, and Fridays

10:15 to 11:00 am

Zoom Tai-Chi

Monday and Wednesday

9:00 to 10:00 am



City of Calgary Focuses on Delivering Value

The last year has required tremendous sacrifice and hardship for many Calgarians. The City is working hard to ensure Calgarians receive outstanding value for their property tax dollars. We're committed to delivering services that meet Calgarians' needs in the most efficient way possible, while continuing to focus on reducing costs and supporting the local economy.

For 2021, your City Council approved an overall property tax rate decrease after \$90 million in savings were found. Approximately 77 percent of all residential properties will see a reduction or a 0 percent increase in their 2021 property tax. Visit calgary.ca/taxcalculator to determine your property's 2021 tax change.

Your property tax bill includes both a municipal and a provincial portion. For residential taxpayers, approximately 63 percent goes to fund City services such as police, fire, streets, and parks, while 37 percent is remitted to the province of Alberta.

Property taxes are the primary revenue source used to fund municipal programs and services that Calgarians value and use every day. We remain committed to ensuring that Calgarians receive value for their property tax dollars. We are continuously improving and modernizing our services to reduce costs and are seeking innovative new ways to encourage and support Calgary's success.

Visit calgary.ca/OurFinances to learn more about where your tax dollars go and how your property taxes compare with other cities.

RADIO SILENCE

Do you love piano music and hate the news? Well than, Friday, April 18 in 1930 would have been a great day for you. On this day, the BBC reported that there was no news. Absolutely nothing to report, and instead played piano music all day! Can you imagine that happening now??

The one thing children wear out faster than shoes is parents.
- John J. Plomp

We hope to be able to resume our bi-weekly, outdoor lunches when the May weather allows – distanced and masked, of course! At this time (late March), outdoor gatherings are limited to ten people, making lunch gatherings impractical. We hope everyone continues to follow the guidelines, gets vaccinated, and the COVID situation improves to allow us to get together again soon.

If you are age 60 or over and live in Mount Pleasant, or if you know of someone like this, please get in touch with Linda at 403-289-8390 or pleasanttimes@mpca.ca.

Exercise Class: Our classes will continue on Zoom three times each week (Mondays from 11:15 am to 12:00 pm and Wednesday and Friday mornings from 10:15 till 11:00 am until June 25. This has been a fun and healthy distraction – so good to see and hear other people again and, given the cold weather we've been experiencing, staying home for a Zoom class has been a good thing. You're welcome to join our classes, now or when we're back in the hall. When we're able to use the community hall again the class may be offered through Zoom as well for those who prefer to avoid a group setting. We enjoy introductory to moderate-high exercise sessions designed to improve aerobic fitness, balance, strength, and flexibility. You can sign up for classes either once, twice, or three times per week while on Zoom or on Monday and/or Thursday mornings when back in the hall. The cost is only \$7 per class when you sign up for the session or \$12 per class drop-in. Thank you to MPCA for subsidizing our classes. Contact Linda at pleasanttimes@mpca.ca or 403-289-8390 for more information.

Tai-Chi: Classes are held twice a week on Monday and Wednesday mornings from 9:00 until 10:00 am. At his point, we're holding Zoom classes but will move back outdoors when the weather and COVID restrictions permit. At this point, outdoor gatherings are limited to ten people, but we hope larger gatherings will be possible by July at the latest. There's also the possibility of returning to the community hall in September, perhaps with a Zoom option. Tai-Chi is a great way to improve your balance, flexibility, memory, and concentration. Sign up for the session or on a drop-in basis – the cost depends on the number of people enrolled. Contact Linda at pleasanttimes@mpca.ca or call 403-289-8390 for more information.

Day Trips: We've had so much fun on past outings both in and outside Calgary: theatre performances, mystery tours, Hutterite colonies, Lake Louise ice sculptures, and much more. If you have ideas on where you'd like to go once travel is possible again, please let Linda know at pleasanttimes@mpca.ca or by calling 403-289-8390.

Dispose of Pet Waste the Right Way

With the warmer weather finally upon us, you may be cleaning up your yard or outside enjoying the sunshine with your pets. Help keep our city clean by disposing of pet waste properly.

- You can put pet waste and kitty litter (all varieties) in your green cart for composting. For the safety of your collector, put pet waste in a certified compostable bag or paper bag, and securely tie/roll closed.
- Never put plastic bags or bags labelled biodegradable in your green cart. These bags do not break down and end up as small pieces of plastic that contaminate the finished compost.
- If using conventional plastic bags to clean up pet waste, please double bag and securely tie closed before disposing of in the black cart.
- Only dispose of pet waste in your own carts. If you want to use someone else's bins, you need to have permission from the homeowner or occupant.
- If you live in a multi-family complex like a condo or townhouse, check with your building owner or manager to see if your compost collection company accepts pet waste.

To see a list of acceptable compostable bags, visit calgary.ca/greencart.



Window and Balcony Safety

With the return of warmer weather, Emergency Medical Services (EMS) would like to remind parents and caregivers of an often-overlooked hazard in the home – access to open windows. Every year, paramedics respond to emergencies where a child has fallen from an open window, often from the second floor. These can be avoided by following safety measures. Take the time to assess potential hazards in your home before a preventable fall occurs.

Windows and screens

Prevent access to windows by moving furniture such as cribs, beds, stools, and change tables out from under them.

Keep drapery cords out of children's' reach. Wrap excess cord around cleats, or tie-downs to avoid a choking hazard.

Remember, screens are not safety devices. They are designed to keep bugs out, not children in.

Balconies

Do not underestimate a child's ability to climb. Furniture and other items stored on balconies and decks can be used to climb resulting in falls over the railing.

Ensure that your balcony railings are not more than 10 cm (4 inch) apart. This will eliminate access between the vertical bars of a balcony, or deck.

Further prevention tips

Toddlers & preschoolers are at highest risk of falling from a window, or balcony, but it may happen at any age.

Direct supervision of children is the single most effective way to prevent falls from windows and balconies.

Install safety devices which limit the distance in which a window can open to a maximum of 10cm (4 inches).

Ensure the safety device can be released quickly, so the window can be used for escape in case of emergency.

Consider purchasing a portable air conditioner, which will enable windows to stay closed and secure.

EMS is proud to be a member of the Partners Promoting Window and Balcony Safety. Take time to assess your home for window and balcony hazards and eliminate the risks before a preventable fall occurs.

www.windowssafety.ca



Hey Parents! Want a week of free fun?

We are looking for product testers for a social, physical, emotional, and cognitive development family board game for children ages 3-6.

Learn more

www.thespecbox.com



BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Media at 403-720-0762 or sales@greatnewsmedia.ca

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email officialplumbingandheating@outlook.com; www.official-plumbing-heating.ca.

MOUNT PLEASANT MORTGAGE BROKER: SAVE A BUNCH OF CASH! As a local mortgage professional, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking expert advice, excellent rates, many options, and better mortgages, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Verico Avenue Financial Real Estate Solutions.

BLUE WAGON LAWN CARE AND LANDSCAPING: Blue Wagon Inc. is owned by a local youth entrepreneur. Blue Wagon has been providing premium-quality lawn maintenance and landscaping services for more than five years. Contact Michael at 403-585-6128 or email team@bluewagon.ca to book your spring clean-up today! Limited spots available. www.bluewagon.ca.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

LANDSCAPING, WINDOW CLEANING, AND YARD CARE: Weekly yard care starting at \$36. Mulch, rock, and sod installation. Window and gutter cleaning starting at \$99; interior/exterior/screens. Garden beds, stone patios, walkways, raised beds, rock walls, deck and fence builds, small concrete jobs, and pressure washing. A+ Member of BBB, 4.1 Google stars. Licensed. Insured. WCB. 403-265-4769 | YardBustersLandscaping.com.

HERITAGE POINTE GOLF COURSE DREAM HOME FOR SALE: See this executive custom-built & recently renovated bungalow with fully developed walk up basement backs onto Heritage Pointe Signature 9th Hole with views of the large pond. Visit <https://calgaryluxuryhomesearch.com/>, or call Len @ 403-606-8888 (Greater Property Group) for more information.

JEFFREY ELECTRIC: Friendly professional electrical service for your next residential project, large or small. City Qualified Trade, Master Electrician, insured, licensed, certified, bonded. Very competitive rates for quality electrical work. Service panel upgrades from 60 amp to 200 amp. Sub-panels, aluminum rewiring, custom kitchens and basements. Free estimates. www.cejelectric.com or call Clayton at 403-970-5441.

THE GUTTER DOCTOR! Eavestrough cleaning, repairs, and installation. Fascia, soffit, cladding, roofs, siding, heat cables. For over 18 years and 40,000 projects we have done the job right – and it's always guaranteed! Fully Insured, Licensed, WCB coverage. A+ rated BBB member. Top award winner. www.gutterdoctor.ca, 403-714-0711.

RESIDENTIAL DEVELOPMENT OPPORTUNITY: For sale by owner, large building lot - 60 ft x 120 ft. Located on a quiet street in Mount Pleasant, with a south facing backyard. Near Confederation Park, the community pool, and arena. Potential for subdivision into two RC-2 zoned lots. Please contact Dale at 403-371-7639.

TLC CLEANING: Over 20 years' experience in the business! TLC Cleaning is a small and personalized house cleaning company with an eye for detail. Licensed, insured, bonded, and WCB covered for your peace of mind. Excellent rates and references; environmentally-friendly options too. Everyone needs a little TLC! Free estimates; please call Carol at 403-614-8522 or email tlc.cleaning@shaw.ca.

DENTURIST NEEDED: Looking for a professional, conscientious, ethical, and honest denturist to manufacture and install dentures in throat cancer survivor and senior citizen. Looking for a functional, proper fit. Located in the Westbrook Mall area. Please contact Murray at 403-686-2708. The throat cancer has affected my voice communication, please forgive.



mybabysitterlist

Calling All BABYSITTERS
Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS
Visit mybabysitter.ca and find available babysitters in and around your community.





Helping you with all your real estate needs.



907 - 25 AVENUE NW
SOLD @ 98% of List Price in 9 Days



620 ALEXANDER CRESCENT NW
SOLD @ 96% of List Price in 1 Day



621 - 1 AVENUE NW
Heart of Sunnyside | 1,356 sq ft | \$619,000



1431 - 1A STREET NW
SOLD @ 98% of List Price in 3 Days



2240 - 33 STREET SW
Killarney Luxury | 1,857 sq ft | \$750,000



1411 - 22 AVENUE NW
SOLD @ 98% of List Price in 11 Days



REAL ESTATE

CURTIS ATKINSON

#1 RANKED INDIVIDUAL REALTOR*

403.616.6556

RE/MAX REAL ESTATE (CENTRAL)



curtisatkinson.ca

*In Closed Transactions 2019.